

Curriculum Vitae**Roman Cieslak, Ph.D.**

Department of Psychology
 SWPS University of Social Sciences and Humanities
 19/31 Chodakowska Street
 PL-03-815, Warsaw, Poland

Trauma, Health, and Hazards Center
 University of Colorado Colorado Springs
 1420 Austin Bluffs Parkway
 80918, Colorado Springs, Colorado, USA

Professional Career

Since February 2018	Full Professor, SWPS University of Social Sciences and Humanities, Warsaw, Poland
Since September 2016	Rector, SWPS University of Social Sciences and Humanities, Warsaw, Poland
October 2012-August 2016	Vice-Rector for Research, SWPS University of Social Sciences and Humanities, Warsaw, Poland
February 2010 -January 2018	Associate Professor, SWPS University of Social Sciences and Humanities, Warsaw, Poland
Since January 2013	Research Consultant, Trauma, Health, and Hazards Center, University of Colorado at Colorado Springs, USA
October 2011 – January 2013	Research Director, Trauma, Health, and Hazards Center, University of Colorado at Colorado Springs, USA
October 2011 – January 2013	Senior Research Associate, Trauma, Health, and Hazards Center, University of Colorado at Colorado Springs, USA
2009 – 2011	Associate Professor Adjoint with Trauma, Health, and Hazards Center, University of Colorado Colorado Springs, USA
2007 – 2009	Research Scholar at Trauma, Health, and Hazards Center, University of Colorado Colorado Springs, USA
2004 – 2005	Deputy Director at the Institute of General Psychology, SWPS University of Social Sciences and Humanities, Warsaw, Poland
2002 – 2010	Assistant Professor at the SWPS University of Social Sciences and Humanities, Warsaw, Poland
1992 – 2002	Researcher and Senior Researcher at the Department of Occupational Psychology, Central Institute for Labor Protection, Warsaw, Poland

Education

January 2018	Full Professor (the title conferred by the President of the Republic of Poland upon a motion of the Central Commission for Academic Degrees and Titles)
January 2010	Habilitation in psychology (postdoctoral degree, see http://en.wikipedia.org/wiki/Habilitation), Warsaw School of Social Sciences and Humanities (currently SWPS University of Social Science and Humanities), Warsaw, Poland
2000	Ph.D. in psychology, Institute of Psychology, Polish Academy of Science, Warsaw, Poland
1992	M.A. in psychology, Cardinal Stefan Wyszyński University, Warsaw, Poland

Publications

A. Papers in the international scientific journals

1. Smoktunowicz, E., & **Cieślak, R.** (2018). How job and family demands impact change in perceived stress: A dyadic study. *International Journal of Occupational Medicine and Environmental Health*, 31(2), 199-215. doi: <https://doi.org/10.13075/ijomeh.1896.01134>
2. Smoktunowicz, E., **Cieślak, R.**, & Demerouti, E. (2017). Interrole conflict and self-efficacy to manage work and family demands mediate the relationships of job and family demands with stress in the job and family domains. *Anxiety, Stress, & Coping*, 30(5), 485-497. doi <https://doi.org/10.1080/10615806.2017.1329932>
3. Topooco, N., Riper, H., Araya, R., Berking, M., Brunn, M., Chevreul, K., **Cieślak, R.**, ... & Kleiboer, A. (2017). Attitudes towards digital treatment for depression: A European stakeholder survey. *Internet Interventions*, 8, 1-9. doi: <https://doi.org/10.1016/j.invent.2017.01.001>
4. Banik, A., Schwarzer, R., Pawlowska, I., Boberska, M., **Cieślak, R.**, & Luszczynska, A. (2017). Women with family cancer history are at risk for poorer physical quality of life and lower self-efficacy: a longitudinal study among men and women with non-small cell lung cancer. *Health and Quality of Life Outcomes*, 15(1), 62. doi: <https://doi.org/10.1186/s12955-017-0645-5>
5. Banik, A., Luszczynska, A., Pawlowska, I., **Cieślak, R.**, Knoll, N., & Scholz, U. (2016). Enabling, Not Cultivating: Received Social Support and Self-Efficacy Explain Quality of Life After Lung Cancer Surgery. *Annals of Behavioral Medicine*, 1–12. <http://doi.org/10.1007/s12160-016-9821-9>
6. **Cieślak, R.**, Benight, C. C., Rogala, A., Smoktunowicz, E., Kowalska, M., Zukowska, K., Yeager, C., & Luszczynska, A. (2016). Effects of Internet-Based Self-Efficacy Intervention on Secondary Traumatic Stress and Secondary Posttraumatic Growth among Health and Human Services Professionals Exposed to Indirect Trauma. *Frontiers in Psychology*, 7, 1009. <http://doi.org/10.3389/fpsyg.2016.01009>
7. Kleiboer, A., Smit, J., Bosmans, J., Ruwaard, J., Andersson, G., Topooco, N., Berger, T., Krieger, T., Botella, C., Banos, R., Chevreul, K., Araya, R., Cerga-Pashoja, A., **Cieślak, R.**, Rogala, A., Vis, C., Draisma, S., Van Schaik, A., Kemmeren, L., Ebert D., Berking, M., Funk, B., Cuijpers, P., & Riper, H. (2016). European COMPARative Effectiveness

- research on blended Depression treatment versus treatment-as-usual (E-COMPARED): study protocol for a randomized controlled, non-inferiority trial in eight European countries. *Trials*, 17, 387. <http://doi.org/10.1186/s13063-016-1511-1>
8. Shoji, K., **Cieslak, R.**, Smoktunowicz, E., Rogala, A., Benight, C. C., & Luszczynska, A. (2016). Associations between job burnout and self-efficacy: a meta-analysis. *Anxiety, Stress, & Coping*, 29, 367–386. <http://doi.org/10.1080/10615806.2015.1058369>
 9. Benight, C. C., Shoji, K., James, L. E., Waldrep, E. E., Delahanty, D. L., & **Cieslak, R.** (2015). Trauma coping self-efficacy: A context-specific self-efficacy measure for traumatic stress. *Psychological Trauma: Theory, Research, Practice, and Policy*, 7(6), 591–599. <http://dx.doi.org/10.1037/tra0000045>
 10. Rogala, A., Shoji, K., Luszczynska, A., Kuna, A., Yeager, C., Benight, C., & **Cieslak, R.** (2016). From exhaustion to disengagement via self-efficacy change: Findings from two longitudinal studies among human services workers. *Frontiers in Psychology*, 6, 2032. <http://doi.org/10.3389/fpsyg.2015.02032>
 11. Shoji, K., Lesnierowska, M., Smoktunowicz, E., Bock, J., Luszczynska, A., Benight, C. C., & **Cieslak, R.** (2015). What Comes First, Job Burnout or Secondary Traumatic Stress? Findings from Two Longitudinal Studies from the U.S. and Poland. *PLoS ONE*, 10(8), e0136730. <http://doi.org/10.1371/journal.pone.0136730>
 12. Smoktunowicz, E., Baka, L., **Cieslak, R.**, Nichols, C. F., Benight, C. C., & Luszczynska, A. (2015). Explaining Counterproductive Work Behaviors Among Police Officers: The Indirect Effects of Job Demands Are Mediated by Job Burnout and Moderated by Job Control and Social Support. *Human Performance*, 28(4), 332–350. <http://doi.org/10.1080/08959285.2015.1021045>
 13. Blecharz, J., Luszczynska, A., Scholz, U., Schwarzer, R., Siekanska, M., & **Cieslak, R.** (2014). Predicting performance and performance satisfaction: mindfulness and beliefs about the ability to deal with social barriers in sport. *Anxiety, Stress & Coping*, 27, 270–287. <http://dx.doi.org/10.1080/10615806.2013.839989>
 14. Blecharz, J., Luszczynska, A., Tenenbaum, G., Scholz, U., & **Cieslak, R.** (2014). Self-Efficacy Moderates but Collective Efficacy Mediates between Motivational Climate and Athletes' Well-Being. *Applied Psychology: Health and Well-Being*, 6, 280–299. <http://dx.doi.org/10.1111/aphw.12028>
 15. **Cieslak, R.**, Shoji, K., Douglas, A., Melville, E., Luszczynska, A., & Benight, C. C. (2014). A meta-analysis of the relationship between job burnout and secondary traumatic stress among workers with indirect exposure to trauma. *Psychological Services*, 11, 1, 75–86. <http://dx.doi.org/10.1037/a0033798>
 16. Shoji, K., Bock, J., **Cieslak, R.**, Zukowska, K., Luszczynska, A., & Benight, C. C. (2014). Cultivating Secondary Traumatic Growth Among Healthcare Workers: The Role of Social Support and Self-Efficacy. *Journal of Clinical Psychology*, 70, 831–846. <http://doi.org/10.1002/jclp.22070>
 17. Smith, A. J., Benight, C. C., & **Cieslak, R.** (2013). Social support and postdeployment coping self-efficacy as predictors of distress among combat veterans. *Military Psychology*, 25, 452–461. <http://dx.doi.org/10.1037/mil0000013>
 18. **Cieslak, R.**, Shoji, K., Luszczynska, A., Taylor, S., Rogala, A., & Benight, C. C. (2013). Secondary trauma self-efficacy: Concept and its measurement. *Psychological Assessment*, 25(3), 917–928. <http://dx.doi.org/10.1037/a0032687>
 19. **Cieslak, R.**, Anderson, V., Bock, J., Moore, B. A., Peterson, A. L., & Benight, C. C. (2013). Secondary Traumatic Stress Among Mental Health Providers Working With the Military: Prevalence and Its Work- and Exposure-Related Correlates. *The Journal of Nervous and Mental Disease*, 201, 917–925. <http://dx.doi.org/10.1097/NMD.0000000000000034>

20. Luszczynska, A., Pawlowska, I., **Cieslak, R.**, Knoll, N., & Scholz, U. (2013). Social support and quality of life among lung cancer patients: a systematic review. *Psycho-Oncology*, 22(10), 2160–2168. <http://dx.doi.org/10.1002/pon.3218>
21. Lambert, J. E., Benight, C. C., Harrison, E., & **Cieslak, R.** (2012). The Firefighter Coping Self-Efficacy Scale: measure development and validation. *Anxiety, Stress & Coping*, 25(1), 79-91. <http://dx.doi.org/10.1080/10615806.2011.567328>
22. **Cieslak, R.**, Benight, C. C., Luszczynska, A., & Laudenslager, M. L. (2011). Longitudinal relationships between self-efficacy, post-traumatic distress and salivary cortisol among motor vehicle accident survivors. *Stress and Health*, 27(3), e261-e268. <http://dx.doi.org/10.1002/smi.1379>
23. **Cieslak, R.**, Benight, C.C., Schmidt, N., Luszczynska, A., Curtin, E., Clark, R. A. & Kissinger, P. (2009). Predicting posttraumatic growth among hurricane Katrina survivors living with HIV: the role of self-efficacy, social support, and PTSD symptoms. *Anxiety, Stress, and Coping*, 22, 449-462. <http://dx.doi.org/10.1080/10615800802403815>
24. Luszczynska, A., & **Cieslak, R.** (2009). Mediated effects of social support for healthy nutrition: Fruit and vegetable intake across eight months after myocardial infarction, *Behavioral Medicine*, 35, 30-38. <http://dx.doi.org/10.3200/BMED.35.1.30-38>
25. Luszczynska, A., Benight, C. C., **Cieslak, R.**, Kissinger, P., Reilly, K. H., & Clark, R. A. (2009). Self-Efficacy Mediates Effects of Exposure, Loss of Resources, and Life Stress on Posttraumatic Distress among Trauma Survivors. *Applied Psychology: Health and Well-Being*, 1(1), 73–90. <http://doi.org/10.1111/j.1758-0854.2008.01005.x>
26. Luszczynska, A., Benight, C. C. & **Cieslak, R.** (2009). Self-efficacy and health-related outcomes of collective trauma: A systematic review. *European Psychologist*, 14, 49-60. <http://dx.doi.org/10.1027/1016-9040.14.1.51>
27. **Cieslak, R.**, Korczynska, J., Strelau, J., & Kaczmarek, M. (2008). Burnout predictors among prison officers: The moderating effect of temperamental endurance. *Personality and Individual Differences*, 45, 666-672. <http://dx.doi.org/10.1016/j.paid.2008.07.012>
28. **Cieslak, R.**, Benight, C. C., & Lehman V. C. (2008). Coping self-efficacy mediates the effects of negative cognitions on posttraumatic distress. *Behaviour Research and Therapy*, 46, 788-798. <http://dx.doi.org/10.1016/j.brat.2008.03.007>
29. Benight, C. C., **Cieslak, R.**, Molton, I. R., & Johnson, L. E. (2008). Self-evaluative appraisals of coping capability and posttraumatic distress following motor vehicle accidents. *Journal of Consulting and Clinical Psychology*, 76, 677-685. <http://dx.doi.org/10.1037/0022-006X.76.4.677>
30. **Cieslak, R.**, Knoll, N., & Luszczynska, A. (2007). Reciprocal relations among job demands, job control and social support are moderated by neuroticism: A crossed-lagged analysis. *Journal of Vocational Behavior*, 71, 84-96. <http://dx.doi.org/10.1016/j.jvb.2007.03.001>
31. Luszczynska, A., & **Cieslak, R.** (2005). Protective, promotive, and buffering effects of perceived social support in managerial stress: The moderating role of personality. *Anxiety, Stress, & Coping*, 18(3), 227–244. <http://doi.org/10.1080/10615800500125587>
32. Klonowicz, T., **Cieslak, R.**, & Eliaz, A. (2004). Subjective well-being in a Polish national sample: The roles of demographic factors, Type A, and goals. *Polish Psychological Bulletin*, 35, 35-43.
33. Żołnierczyk-Zreda, D., & **Cieślak, R.** (2001). Modifying Type A in a Nonclinical Population of Polish Managers. *International Journal of Occupational Safety and Ergonomics: JOSE*, 7(3), 309–332. <http://doi.org/10.1080/10803548.2001.11076493>
34. **Cieślak, R.**, Wierszal-Bazyl, M., & Luszczynska-Cieślak, A. (2000). The moderating role of hardiness and social support in the relation between job stressors and well-being. A

lesson from a clerical women sample. *International Journal of Occupational Safety and Ergonomics: JOSE*, 6(2), 257–292. <http://doi.org/10.1080/10803548.2000.11076455>

35. Widerszal-Bazyl, M., & **Cieślak, R.** (2000). Monitoring psychosocial stress at work: development of the Psychosocial Working Conditions Questionnaire. *International Journal of Occupational Safety and Ergonomics: JOSE, Spec No*, 59–70. <http://doi.org/10.1080/10803548.2000.11105108>

B. Book chapters in English

36. Smoktunowicz, E., Lesnierowska, M., **Cieslak, R.**, & Benight, C.C. (2017). Effects of Contextual and Personal Resources on Work-Family Interface. In A. Antoniou & C.L. Cooper (Eds.), *Coping, Personality and the Workplace. Responding to Psychological Crisis and Critical Events* (pp. 361-373). Farnham, UK: Gower Publishing Limited.
37. Benight, C.C. & **Cieslak, R.** (2013). Professional Burnout. In B. A. Moore & J. E. Barnett (Eds.), *Military Psychologists' Desk Reference* (pp. 138-142). New York: Oxford University Press.
38. Smoktunowicz, E., **Cieslak, R.**, & Benight C. C. (2013). Social support in times of economic stress. In A. G. Antoniou & C. L. Cooper (Eds.), *The psychology of the recession on the workplace* (pp 276-289). Cheltenham Glos, UK.: Edward Elgar Publishing Ltd.
39. Benight, C. C. & **Cieslak, R.** (2011). Cognitive Factors and Resilience: How Self-Efficacy Contributes to Coping with Adversities. In S. M. Southwick, B. Litz, D, Charney, M. J. Friedman (Eds.), *Resilience and Mental Health. Challenges across the Lifespan* (pp. 45-55). New York: Cambridge University Press.
40. Benight, C. C., **Cieslak, R.** & Waldrep, E. (2009). Social and cognitive frameworks for understanding mental health consequences of disasters. In Y. Neria, S. Galea, & F. H. Norris (Eds.), *Mental health and disasters* (pp. 161-174). Cambridge, MA: Cambridge University Press.
41. **Cieslak, R.** (2009). Social support in the work stress context. In A. G. Antoniou, C. L. Cooper, G. P. Chrousos, C. D. Spielberger & M. W. Eysenck (Eds.), *Handbook of managerial behavior and occupational health* (pp. 427 –435). Cheltenham, UK: Edward Elgar Publishing.
42. Klonowicz, T. & **Cieslak, R.** (2006). Coping may help: Neuroticism, exposure to threat, and coping effectiveness. In J. Strelau i T. Klonowicz (Eds.), *People under extreme stress* (pp. 149-167). New York: Nova Science Publishers, Inc.
43. **Cieslak, R.** (2006). Work stress and social support. Does personality matter? In P. Buchwald (Ed.), *Stress and anxiety - Application to health, community, work place and education* (pp. 170-185). Cambridge, UK: Cambridge Scholar Press.

C. Publications the peer-reviewed journals in Polish

44. **Cieślak, R.**, Kozłowska, A., Michalak, N., Koch, A., & Rogala, A. (2018). Psychologiczne interwencje internetowe–potrzeby, szanse i zastosowania [Psychological internet interventions: concepts, applications, and challenges]. *Nauka*, 3, 7-26. [Link](#)
45. Rogala, A., Smoktunowicz, E., Żukowska, K., Kowalska, M. & **Cieślak, R.** (2016). Stres pomagających – efektywność interwencji internetowej dla osób pracujących z ofiarami traumy w obniżaniu wypalenia zawodowego i wzmacnianiu zaangażowania w pracę [The helpers' stress: Effectiveness of a web-based intervention for professionals working with

- trauma survivors in reducing job burnout and improving work engagement]. *Medycyna Pracy*, 67, 223-237. <http://doi.org/10.13075/mp.5893.00220>
46. Smoktunowicz, E., **Cieslak, R.**, & Żukowska, K. (2013). Rola wsparcia społecznego w kontekście stresu organizacyjnego oraz zaangażowania w pracę [Role of perceived social support in the context of occupational stress and work engagement]. *Studia Psychologiczne*, 51, 25-37. doi: 10.2478/v10167-010-00
 47. Baka, L., & **Cieslak, R.** (2010). Zależności między stresorami w pracy a wypaleniem zawodowym i zaangażowaniem w pracę w grupie nauczycieli: pośrednicząca rola przekonań o własnej skuteczności i wsparcia społecznego [Self-efficacy and social support and the effects of job stressors on job burnout and work engagement in teachers], *Studia Psychologiczne*, 48, 5-18.
 48. **Cieslak, R.** & Wajnbergier, S. (2006). Style przywiązania a wsparcie społeczne w związku małżeńskim [Attachment styles and social support in couples]. *Studia Psychologiczne*, 44, 5-16.
 49. Luszczynska, A., & **Cieslak, R.** (2005). Lek przed bólem. Adaptacja kwestionariusz FPQ-III. Wyniki wstępnych badań nad rzetelnością i trafnością [Fear of pain. Polish adaptation of the FPQ-III. Preliminary validation results]. *Studia Psychologiczne*, 43, 75-82.
 50. **Cieslak, R.** & Klonowicz, T. (2004). Cele, reaktywność i dobrostan [Goals, emotional reactivity, and well-being]. *Studia Psychologiczne*, 42, 2, 27-39
 51. **Cieslak, R.**, & Luszczynska, A. (2002). Związek twardości z dobrostanem i stresem w pracy [Hardiness, well-being, and work stress]. *Psychologia Jakości Życia*, 1, 79 – 103
 52. Luszczynska, A., **Cieslak, R.**, Maslinski, W., Ziolkowska, M., & Jedryka-Goral, A. (2001). Stres i wsparcie społeczne: zależności z obszaru psychoneuroimmunologii [Stress and social support in the context of psychoneuroimmunology]. *Psychologia – Etologia – Genetyka*, 3 /4, 13-32.
 53. **Cieslak, R.**, & Luszczynska, A. (2001). Zarządzanie stresem w pracy [Stress management at work]. *Promocja Zdrowia. Nauki Społeczne i Medycyna*, 21, 122-140.
 54. Widerszal-Bazyl, M, & **Cieslak, R.** (1999). Monitorowanie stresu psychospołecznego jako element zarządzania organizacją [Monitoring psychosocial stress as a part of organizational management]. *Ergonomia*, 22, 13-35.
 55. **Cieslak, R.** (1998). Wsparcie społeczne a stres w pracy kierowniczej [Social support and managerial stress]. *Czasopismo Psychologiczne*, 4, 29-46.
 56. **Cieslak, R.** (1995). Problemy pomiaru wsparcia społecznego, Skala Wsparcia Społecznego. *Ergonomia*, 18, 203-213.

D. Book chapters in Polish

57. Kuna, A. & **Cieslak, R.** (2016). Znaczenie przekonań o własnej skuteczności w poszukiwaniu pracy dla zatrudnienia i zdrowia osób bezrobotnych [The role of job search self-efficacy for job search behaviors and health of unemployed]. In Wrona-Polańska, H., Bargiel-Matusiewicz, K., & Pisula, E. (Eds.), *Zdrowie i choroba. Funkcjonowanie psychospołeczne i zawodowe* [Health and Illness. Psychosocial and occupational functioning](pp. 195-209). Warszawa: Wydawnictwa Uniwersytetu Warszawskiego.
58. **Cieslak, R.**, Żukowska, K., & Smoktunowicz, E. (2012). Wsparcie społeczne i jego efekty [Social support and its consequences]. K. Skarżyńska (Ed.), *Miedzy ludźmi...oczekiwania, interesy, emocje* [Between people... expectations, interests, emotions] (pp. 86-105).Warszawa: Wydawnictwo Naukowe Scholar.
59. **Cieslak, R.** (2011). Osobowościowe i poznawcze mechanizmy regulacji w kontekście zmiennych psychospołecznych, stresu i dobrostanu [Personality and cognitive aspects of self-regulation and their impact on stress and well-being]. W: M. Marszał-Wiśniewska &

- J. Strelau (red.), *Uwikłany temperament. Osobowość – temperament – środowisko* (pp. 147-167) [Contextualizing the effects of temperament: Personality-Temperament-Environment]. Warszawa: Wydawnictwo Naukowe Scholar
60. **Cieslak, R.** (2011). Wsparcie społeczne a funkcjonowanie organizacji i przedsiębiorstw [The effect of social support on the entrepreneurship and organizational development]. In: A. Strzałecki & A. Lizurej (Eds.), *Innowacyjna przedsiębiorczość. Teorie. Badania. Zastosowania praktyczne. Perspektywa psychologiczna* (pp. 303-319) [Innovative entrepreneurship: Theory, research, and application. A psychological perspective]. Warszawa: Wydawnictwo SWPS Academica.
61. **Cieslak, R.**, & Benight C. C. (2008). Wsparcie społeczne a wypalenie zawodowe - nowe perspektywy badań [Social support and job burnout: new research perspectives]. In J. Brzezinski & L. Cierpialkowska, (Eds.), *Zdrowie i choroba. Problemy diagnozy, teorii i praktyki* [Health and illness. Diagnostic, theoretical and practical issues] (pp. 295-308). Gdansk: Gdanskie Wydawnictwo Psychologiczne.
62. Klonowicz, T. & **Cieślak, R.** (2004). Neurotyczność i radzenie sobie ze stresem w sytuacji zagrożenia [Neuroticism and coping with stress after threatening situations]. In: J. Strelau (Ed.), *Osobowość a ekstremalny stres* [Personality and traumatic stress] (pp. 281 – 298). Gdańsk: Gdańskie Wydawnictwo Psychologiczne.
- Wersja angielska tekstu:
Klonowicz, T. & **Cieslak, R.** (2006). Coping may help: Neuroticism, exposure to threat, and coping effectiveness. In J. Strelau & T. Klonowicz (Ed.), *People under extreme stress* (pp. 149-167). New York: Nova Science Publishers, Inc.
63. Sęk, H. & **Cieślak, R.** (2004). Wsparcie społeczne – sposoby definiowania, rodzaje i źródła wsparcia, wybrane koncepcje teoretyczne [Social support: definitions, types, sources and theoretical models]. In: H. Sęk, & R. Cieślak (Eds.), *Wsparcie społeczne, stres i zdrowie* [Social support, stress, and health]. (pp. 11 – 28). Warszawa: Wydawnictwo Naukowe PWN.
64. **Cieślak, R.** & Elias, A. (2004). Wsparcie społeczne a osobowość [Social support and personality]. In: H. Sęk, & R. Cieślak (Eds.), *Wsparcie społeczne, stres i zdrowie* [Social support, stress, and health]. (pp. 68 – 90). Warszawa: Wydawnictwo Naukowe PWN.
65. **Cieślak, R.** & Klonowicz, T. (2004). Wsparcie społeczne a stres pracy i bezrobocie [Social support, work and unemployment stress]. In: H. Sęk, & R. Cieślak (Eds.), *Wsparcie społeczne, stres i zdrowie* [Social support, stress, and health] (pp. 152 – 169). Warszawa: Wydawnictwo Naukowe PWN.
66. **Cieślak, R.** (2004). Wsparcie społeczne – problemy i techniki pomiaru [Social support: measurement issues]. In: H. Sęk, & R. Cieślak (Eds.), *Wsparcie społeczne, stres i zdrowie* [Social support, stress, and health] (pp. 106 – 122). Warszawa: Wydawnictwo Naukowe PWN.
67. **Cieslak, R.** (2000). Społeczne środowisko pracy [Social environment at work] . In D. Koradecka (Ed.), *Nauka o pracy – bezpieczeństwo, higiena, ergonomia. Tom 5: Czynniki psychologiczne i społeczne* [Science and work – safety, hygiene, ergonomics. Volume 5: Psychological and social factors] (pp. 13-34). Warsaw: CIOP.
68. Luszczynska A., & **Cieslak, R.** (1996). Badania w psychologii klinicznej [Examination in clinical psychology]. In L. Kalinowski (Ed.), *Encyklopedia badań medycznych* [Encyclopedia of medical examination] (pp. 467-495). Gdansk: Makmed.
69. **Cieślak, R.** (2000). Społeczne środowisko pracy [Social environment at work]. In: D. Koradecka (Ed.), *Nauka o pracy – bezpieczeństwo, higiena, ergonomia. Tom 5: Czynniki psychologiczne i społeczne* [Occupational research: safety, hygiene and ergonomics] (pp. 13-34). Warszawa: Centralny Instytut Ochrony Pracy.

70. Łuszczyńska, A. & Cieślak, R. (1996). Badania w psychologii klinicznej [Measurement methods in clinical psychology]. In: L. Kalinowski (Ed.), *Encyklopedia badań medycznych* [Medical diagnosis encyclopedia] (pp. 467-495). Gdańsk: Makmed.
71. Cieślak, R. (1994). Postawy religijne skazanych odbywających karę pozbawienia wolności [Religious attitudes among prison inmates]. In: Z. Gaś (Ed.), *Kierunki działań profilaktycznych „1993”* [Directions of prophylactics, 1993] (pp. 189-226). Lublin: Wydawnictwo Fundacji „Masz Szansę”.

E. Books

72. **Cieślak, R.** & Widerszal-Bazyl, M. (2000). *Psychospołeczne Warunki Pracy. Podręcznik do kwestionariusza* [Psychosocial Working Conditions Questionnaire. Manual]. Warsaw: CIOP.

Citation and scientific profiles

Google scholar profile:

https://scholar.google.pl/citations?hl=pl&user=UYYSwqIAAAAJ&view_op=list_works&sort_by=pubdate

ResearcherID profile: <http://www.researcherid.com/rid/F-3435-2014>

Editorial Activities – Monographs

A. Monographs

- 1) Sęk, H. & Cieślak, R. (Eds.) (2004). *Wsparcie społeczne, stres i zdrowie*. [Social support, stress, and health]. Warszawa: Wydawnictwo Naukowe PWN.
- 2) Widerszal-Bazyl, M., Cieślak, R., Derlicka, M., Kurkus-Rozowska, B., Łuczak, A., Martyka, J., Najmiec, A., Nowak, K., Tausz, K. i Żołnierczyk-Zreda, D. (Eds.) (1998). *Przewodnik po zawodach. Tom I - VI*. [Occupational characteristics – a guidebook] Warszawa: Ministerstwo Pracy i Polityki Społecznej.

B. Editorial board member

1. *Anxiety, Stress, and Coping* – since 2009;
2. *Stress and Health* – since 2012;
3. *International Journal of Occupational Medicine and Environmental Health* – since 2016;
4. *Clinical Psychology in Europe* – since 2018

C. Special issue editor

1. *Psychological Services* ([IF = 1.707/2014; IF = 1.918/5year] ; Issue title: *Secondary trauma and burnout*; see <http://www.apadivisions.org/division-18/publications/newsletters/public-service/2012/07/call-for-manuscripts.aspx>

D. Ad hoc reviewer for international journals (only examples)

1. *Anxiety, Stress, & Coping*
2. *Applied Psychology: Health and Well-Being*

3. Assessment
4. Behaviour Research and Therapy
5. Clinical Psychology Review
6. European Journal of Personality
7. European Journal of Psychotraumatology
8. International Journal of Occupational Medicine and Environmental Health
9. Journal of Clinical Psychology
10. Journal of Cross-Cultural Psychology
11. Journal of Nervous and Mental Disease
12. Journal of Occupational Health Psychology
13. Medycyna Pracy [Occupational Medicine]
14. Personality and Individual Differences
15. PlosOne
16. Psychological Services
17. Psychological Trauma: Theory, Research, Practice, and Policy
18. Psychology and Aging
19. Psychiatry Research
20. Stress and Health
21. Social Science and Medicine

Funded Research Projects

Principal Investigator: Roman Cieslak

- | | |
|-------------|---|
| 2015 | <i>DESMoPSI system to design, evaluate, and share psychological interventions for mobile devices.</i> National Science Center and the National Center for Research and Development. |
| 2014 | <i>European Comparative Effectiveness Research on Internet-based Depression Treatment (E-Compared).</i> European Commission, 7th Framework Program (PI in Poland). http://www.e-compared.eu/ |
| 2011 | <i>The effect of demands and resources on job demands, work engagement, and well-being: Job-Demands-Resources model in the work and family contexts.</i> Funded by the Ministry of Science and Higher Education, Poland (SWPS, WPSBST/A/3). |
| 2009 | <i>The effect of social support and self-efficacy beliefs on adaptation following work stress and secondary trauma exposure.</i> Funded by Ministry of Science and Higher Education, National Science Center (1395/B/H03/2009/37) |
| 2009 | <i>Social-cognitive predictors of employee well-being.</i> Funded by the Ministry of Science and Higher Education, Poland (SWSP, WP/BST/02/09). |
| 2008 | <i>Social, cognitive and personality predictors of job burnout.</i> Funded by the Ministry of Science and Higher Education, Poland (SWPS WP/BST/19/08). |
| 2007 | <i>Reciprocal relationship between social support and job burnout.</i> Funded by the Ministry of Science and Higher Education, Poland (SWPS 04/07/BST). |
| 2006 | <i>Social support and well-being: The role of contextual variables.</i> Funded by the Ministry of Science and Higher Education, Poland (SWPS 05/06/BST). |
| 2004 - 2006 | <i>Attachment styles and social support.</i> Funded by the Warsaw School of Social Sciences and Humanities (02/04/BW). |

- 2002 - 2004 *Determinants of perceived social support*. Funded by the Warsaw School of Social and Humanities (20/02/BW).
- 1998 – 2001 *Development of work-site stress management program as a part of health promotion*. Funded by the State Committee for Scientific Research, Poland (SPR-1; 04.10.32).
- 1997 – 1998 *Polish adaptation of questionnaire for monitoring psychosocial conditions at work*. Funded by the State Committee for Scientific Research, Poland (SPR-1; 04.22.2).
- 1996 – 1998 *Social support, work stress, and well-being. The moderating role of personality variables*. Funded by the Central Institute for Labor Protection (CIOP II 026).
- 1995 – 1997 *Social support and work stress*. Funded by the State Committee for Scientific Research, Poland (KBN 1 H01F 106 08).

Membership in Professional Organizations

A. Functions in Professional Organizations

1. European Association of Clinical Psychology and Psychological Treatment (EACLIPT), board member since 2017
2. European Society for Traumatic Stress Studies (ESTSS). Elected board member: 2013-2016
3. Polskie Towarzystwo Badań nad Stresem Traumatycznym (PTBST) [Polish Society for Traumatic Stress Studies. Section of Polish Psychological Association]. Board Member 2014-2016.

B. Membership in Professional Organizations

1. European Association of Clinical Psychology and Psychological Treatment (EACLIPT)
2. European Society for Research on Internet Interventions (ESRII)
3. International Society for Research on Internet Interventions (ISRII)
4. Stress and Anxiety Research Society (STAR)
5. European Society for Traumatic Stress Studies (ESTSS)